

Arisia Vita: like compassion?  
Arisia Vita: empathy?  
Wol Euler: hello zen  
Arisia Vita: love...  
FcSeeker: Hello Zen  
Bruce (bruce.mowbray): Can we trust what "rises"? - - - what "emerges" in us?  
Kirin Winters (kirin.writer): Yes, and survival again  
Julie Bluebird (lolli.bluebird): Hi Zen :)  
Bruce (bruce.mowbray): Hey, Zen!  
Wol Euler: mu.  
FcSeeker: imo yes, but when ever something bad rises...hurtfull...there's a reason to ask 'why'  
Wol Euler: (to bruce)  
Zen (zen.arado): Hi all  
Kirin Winters (kirin.writer): That depends on you. Have your instincts been right?  
Bruce (bruce.mowbray): MU!  
Wol Euler: Wol Euler smiles.  
Bruce (bruce.mowbray): Bruce loves "Mu"! -- remembers Douglas Hoffsteader's GODE, ESCHER, BACH.  
Wol Euler: yeo  
Wol Euler: \*yep  
Kirin Winters (kirin.writer): Asking why is very helpful, it is how we learn from our mistakes  
Wol Euler: that's where I heard of it first too  
Bruce (bruce.mowbray): ;-)  
Zen (zen.arado): has anything arisen yet ?  
Zen (zen.arado): :)  
FcSeeker: I would even claim, that when there's an instinc in a question, there's no questions left...but just to 'give up' to the idea we then have and follow it...  
Bruce (bruce.mowbray): Giving in to instinct, Fc?  
FcSeeker: when you ask that for bad feeling, you can avoid a mistake...  
FcSeeker: and learn without doing bad  
Kirin Winters (kirin.writer): A purely instinctive feeling made me avoid being caught up in a riot once.  
FcSeeker: or avoiding your fear and do the good you might have been afraid to do  
FcSeeker: <3  
Bruce (bruce.mowbray): Do we need to train our "discernment" to be able to tell instinct from wisdom-knowing?  
Zen (zen.arado): can you distinguish between intuition and an emotion though?  
Zen (zen.arado): yes agree Bruce  
Bruce (bruce.mowbray): Yes, Zen, that IS the question.  
Kirin Winters (kirin.writer): Fc, we may be painting with too broad of a brush.  
FcSeeker: that sure is possible  
Zen (zen.arado): some think if they feel something it must be right  
Zen (zen.arado): 'gut feeling'  
Julie Bluebird (lolli.bluebird): As someone who isn't particularly socially competetive, what is jealousy's function  
Kirin Winters (kirin.writer): Do you think that emotion ight come from instinct?  
Kirin Winters (kirin.writer): \*might

Zen (zen.arado): I thnk emotins come from thoughts  
 Zen (zen.arado): the feeling n the body produced by thoughtgs  
 Wol Euler: sorry, I have to slip away early. Take care, be happy  
 Kirin Winters (kirin.writer): Not very deep one, since we have seen animals display emotions  
 Zen (zen.arado): bye Wol  
 Bruce (bruce.mowbray): Bye, Wol!  
 Julie Bluebird (lolli.bluebird): Bye Wol  
 Zen (zen.arado): hmmm yeh  
 FcSeeker: well; I'de have an example of such that cannot be based on thought just from yesterday....  
 Zen (zen.arado): wonder how deep their emotions are  
 Zen (zen.arado): yes FC?  
 FcSeeker: hm  
 FcSeeker: well  
 FcSeeker: that would be the story of quite many lines...  
 FcSeeker: are all quick to read ?  
 Zen (zen.arado): sure  
 Bruce (bruce.mowbray): Bruce wants to read about Fc's insight.  
 Kirin Winters (kirin.writer): we can always scroll  
 FcSeeker: o.k.  
 Zen (zen.arado): we can read faster than you type probably Fc:)  
 FcSeeker: it happened that my friend called me and asked me to go to the restaurant in which he was  
 FcSeeker: I had two items on my certain desk which I bought from Vatican many years ago  
 FcSeeker: immediately I closed the call the other of them items ...sorry but I dont know other way to express but that she started to 'tell me' that I need to take her with me because I shall meet a person to whom she belongs  
 FcSeeker: but that came as the feeling and with such glims of light wich I understood to be a feminine person  
 FcSeeker: so; after the feeling and that glims came the thoughts  
 FcSeeker: when I arrived to the restaurant, I saw my friend to have a couple with him beside the table  
 FcSeeker: seeing the girl I knew this item to belong to her  
 Zen (zen.arado): that is like some extra ability to me  
 FcSeeker: so I sat beside the table and gave that item to that girl  
 Zen (zen.arado): (sorry..thought you ha finished)  
 FcSeeker: ah; set it onto the table in front of her and just looked her to her eyes  
 FcSeeker: she looked back as surprised, and asked; "Is this for me ?"  
 FcSeeker: and I said 'yes'  
 FcSeeker: then she looked a moment and soon she said; "  
 FcSeeker: "I understand"  
 FcSeeker: her bf said that "I dont"  
 Bruce (bruce.mowbray): ;-)  
 FcSeeker: then my friend showed the ring on that bf's finger and told ; "I just gave that ring"  
 FcSeeker: and the young man lifted his t-shirt and showed how he had such kind of tattoo which form was in the ring also  
 Bruce (bruce.mowbray): (wow)  
 FcSeeker: my friend had seen this couple about two months ago

FcSeeker: I met them the first time

FcSeeker: we spent very nice evening with them and the young man learned a lot of such that he's never even heard about

FcSeeker: (trying to end the story...so much happened)

Julie Bluebird (lolli.bluebird): Interesting story Fc

Zen (zen.arado): yes

FcSeeker: well...feel need to add this;

Bruce (bruce.mowbray): This sounds like what the Hindus call "Sidhi powers" - -

Bruce (bruce.mowbray): <http://www.mytelekinesis.com/siddhi-...eromaster.html>

Zen (zen.arado): yeh some kind of power

FcSeeker: this girl is opened; enlightened, but the 'role' of the boy is to be her 'anchor'...that she wouldn't start to fly ...

Bruce (bruce.mowbray): I experienced this when I first began meditating -- coul predict earthquakes, and such.

Zen (zen.arado): oh? interesting

Bruce (bruce.mowbray): It sacred me enough that I quit doin it -- but also wanted to move on beyond those powers. . . (they can be a major distraction, I thought).

FcSeeker: <3

Arisia Vita: ty for sharing that with us Fc

Bruce (bruce.mowbray): But also quite helpful -- to inform you in ways to help others who might need it.

Bruce (bruce.mowbray): Yes, thank you for sharing that --!

Zen (zen.arado): wonder why we all don;t develop and use such powers

Zen (zen.arado): but remember a story of the Budddha

Bruce (bruce.mowbray): Bruce listens intently.

FcSeeker: or many uses them the way that it's not noticed to be such...

FcSeeker: listens too

Zen (zen.arado): he came to a lake and a man showed him how he could walk across on the water

Zen (zen.arado): the buddha just said why? it is easier to just row across in a boat :)

Bruce (bruce.mowbray): ;-)

FcSeeker: thank you so much Zen for that story

FcSeeker: it's not so much reminded of Buddha how he was 'just a man'

Bruce (bruce.mowbray): Sometimes a cigar is just a cigar. . .

FcSeeker: which was the truth he would've liked to be remembered always

Bruce (bruce.mowbray): down to earth man.

Zen (zen.arado): maybe we couldn't manage such powers properly

Bruce (bruce.mowbray): So, is there something UNIQUE about certain intuitions that lets us know they they can be trusted?

Bruce (bruce.mowbray): that they can be\*

Zen (zen.arado): I think they can be a sudden coming together of pieces

Zen (zen.arado): so we aLREADY HAD ALL THE INGREDIENTS

Zen (zen.arado): sorry for caps

FcSeeker: how about 'you just know' ?

Kirin Winters (kirin.writer): excuse me, brb

FcSeeker: that there is no questions

Bruce (bruce.mowbray): ok, Kirin.

Zen (zen.arado): yeh we just know somehow

Bruce (bruce.mowbray): There is a sort of Knowing (capital K) that sets the intuition off as unique, I feel.

Zen (zen.arado): beyond reason

Bruce (bruce.mowbray): I have had several of those -- life-changers, life- savers -- throughout my life.

Bruce (bruce.mowbray): yes, it is not at all part of "reasoning."

Bruce (bruce.mowbray): discursive mind.

Zen (zen.arado): sometimes we might not even notice it?

Zen (zen.arado): but we have advanced

FcSeeker: the reason is that the feeling is based onto the Truth...

Bruce (bruce.mowbray): Hmmmm.

Bruce (bruce.mowbray): It feels like a "Conection" to something deeper -- as Zen says, a bringing together of the pieces.

Zen (zen.arado): or we notice it when e try to explain somethig we didn't understand before?

Bruce (bruce.mowbray): Connection\*

FcSeeker: or act and see the 'resolt'...

Bruce (bruce.mowbray): IUt comes to me as a surprise... always.

Bruce (bruce.mowbray): astonishing, usually.

Zen (zen.arado): so awakening is like that?

Bruce (bruce.mowbray): perhaps, don't know.

FcSeeker: well...to me it's happened since my childhood, so I cannot much surprise anymore

Zen (zen.arado): maybe an uncovering of ideas that are buried

Bruce (bruce.mowbray): once in Berkeley, when i was still doing the Sidhi's," I suddenly got the "message " to GET OUT OF THE LANE I was traveling in on the freeway.

Bruce (bruce.mowbray): And within second there appeared a stalled car in THAT lane -- that I would have run into at 70 mph and probably killed myself and others.

Zen (zen.arado): listens

Zen (zen.arado): wow

Bruce (bruce.mowbray): Never will forget that "intuition."

FcSeeker: <3<3<3

Zen (zen.arado): maybe you have an angel Bruce

Zen (zen.arado): some believe that

Bruce (bruce.mowbray): But sometimes it is not quite that dramatic.

FcSeeker: think that not maybe, but yes

Kirin Winters (kirin.writer): back

FcSeeker: wb Kirin

Zen (zen.arado): wb Kirin

Bruce (bruce.mowbray): A woman who reads auras says that I have a whole tribe of angels surrounding me. and I guess it must be so, or otherwise I would have been dead long ago.

Kirin Winters (kirin.writer): ty Al

FcSeeker: I agree with her completely

Zen (zen.arado): I have a friend who can do that to

Bruce (bruce.mowbray): I do not see them or communicate with them, though.

Kirin Winters (kirin.writer): all

FcSeeker: hm

FcSeeker: why not Bruce ?

Zen (zen.arado): actually she showed me how to do it too

FcSeeker: meaning communication

Bruce (bruce.mowbray): I just don't see them -- but apparently I can hear them when they need to break through my shell.

FcSeeker: <3

Bruce (bruce.mowbray): wow, Zen!

Bruce (bruce.mowbray): Please say more.

Zen (zen.arado): you just look about six inches above the persons head in a room that isn't too bright

Zen (zen.arado): kinda let your eyes unfocus a bit

Zen (zen.arado): and there it was ...a violet aura

Bruce (bruce.mowbray): . . . but seeing a whole tribe of Native-Americans surrounding me?

Bruce (bruce.mowbray): that's what she saw.

Zen (zen.arado): around my friends head

Zen (zen.arado): ah no that's all I saw

Bruce (bruce.mowbray): Yes, Zen, I can see those auras too. . . but this was forms of people. . .

Zen (zen.arado): perhaps with practice...

Bruce (bruce.mowbray): so, I really don't know what to think.

Zen (zen.arado): yoi could develop that power I am sure

Bruce (bruce.mowbray): Yes, I have not really practiced to see them.

FcSeeker: there's so many reasons why somebody opens to see or hear, that there would be need to write huge much books to tell all

Bruce (bruce.mowbray): Again, I veered away from the sidhi's when quite young.

FcSeeker: all are individuals and have own path

Zen (zen.arado): and 100 years from now they will have a scientific explanation for it

Bruce (bruce.mowbray): i feel that the auras are a "way of Knowing," though.

FcSeeker: I neither have ever practiced; all has always just come to me; whole my life

Bruce (bruce.mowbray): There is more and heaven and earth than are drempt of in your philosophy, Horatio. -- Hamlet.

FcSeeker: that is Burce so

Zen (zen.arado): maybe yo are more open than us Fc

Kirin Winters (kirin.writer): Does everyone else here know one another?

Bruce (bruce.mowbray): no.

Zen (zen.arado): I have overlays of philosophical skepticism

Zen (zen.arado): yes Kirin

Bruce (bruce.mowbray): me too, Zen.. A lot of them.

FcSeeker: I can also be completely closed when it's not meant for me to see or sence other ways

Zen (zen.arado): nice to meet you if it is your first time

Kirin Winters (kirin.writer): Would you be good enough to explain 'Know'

Bruce (bruce.mowbray): layers of protection, Fc?

FcSeeker: the base reasons why not to are simple; the most high power is never meant to use to hurt of amusement

Bruce (bruce.mowbray): Ways of Knowing is the name of this group, Kirin.

Bruce (bruce.mowbray): So, that's why I used the phrase.

Zen (zen.arado): knowing people ...hmmm

Zen (zen.arado): might be a good topic for next week ?

Kirin Winters (kirin.writer): Oh I see. But you capitalise it, as if it were something different from the dictionary definitio

FcSeeker: well; the more open your are you are open to all; good and hurtfull

Bruce (bruce.mowbray): PMG -- Is the hour almost over already???

Bruce (bruce.mowbray): OMG.

Zen (zen.arado): true FC it has its downside too

Bruce (bruce.mowbray): Well, the name of the group is also calitalized.

Bruce (bruce.mowbray): Ways of Knowing --- = WoK.

Kirin Winters (kirin.writer): ok

Bruce (bruce.mowbray): ;-)

Kirin Winters (kirin.writer): thank you

Bruce (bruce.mowbray): Thanks for asking.

Bruce (bruce.mowbray): I sort of assumed something that I should not have assumed.

Zen (zen.arado): originally the roup had a Buddhist teacher

Bruce (bruce.mowbray): Zen, could you put into words the topic for next week that you have in mind?

Zen (zen.arado): group\*

Kirin Winters (kirin.writer): I see

Kirin Winters (kirin.writer): That would make a difference

Bruce (bruce.mowbray): Bruce wonders if that was "Stim."

Zen (zen.arado): <http://waysofknowing.kira.org/>

Zen (zen.arado): yes it was Bruce

Bruce (bruce.mowbray): I spent a whole week with Stim in Halifax in July. . .

Bruce (bruce.mowbray): with his typist, actually.

Zen (zen.arado): when can we say we 'know' someone

Bruce (bruce.mowbray): So -- TOPIC for next time?

Zen (zen.arado): what does that mean?

Bruce (bruce.mowbray): When se say that we LNOW someone, what does that mean?

Bruce (bruce.mowbray): OK!

Bruce (bruce.mowbray): KNOW\*

Zen (zen.arado): something like that

Zen (zen.arado): /knowing me , knowing you'

Bruce (bruce.mowbray): REALLY a good thing for me to think about this week. . .

Zen (zen.arado): do we even know ourselves?

FcSeeker: so many various 'levels' how people think that they know somebody...

Bruce (bruce.mowbray): indeed, Fc.

Bruce (bruce.mowbray): Lets peel those layer away next week, OK?

Zen (zen.arado): can we really know someone in SL?

Bruce (bruce.mowbray): I must be away now.

FcSeeker: and when we find our 'limit', that goes more far because we have learned something and there's again new things to learn...

Bruce (bruce.mowbray): THANKS, everyone!

Kirin Winters (kirin.writer): Nice meeting you ,Bruce

Zen (zen.arado): would be interested in how you found it meeting peolle from SL in RL Bruce

FcSeeker: waves to Bruce

Arisia Vita: I must fly too....it was great being near you all

Julie Bluebird (lolli.bluebird): Thanks Bruce :)

Bruce (bruce.mowbray): THANKS, Kirin -- I hope you will come back next time.

Arisia Vita: be well and happy...

Bruce (bruce.mowbray): BFN!

Kirin Winters (kirin.writer): Take care , Arista

Zen (zen.arado): bye Lolli, Bruce, Ari

FcSeeker: takes a humble bow

FcSeeker: namaste all

Zen (zen.arado): bye Fc

Kirin Winters (kirin.writer): hmmmm

Zen (zen.arado): quick exodus :)

Kirin Winters (kirin.writer): I was hoping to meet some Taoists here

Kirin Winters (kirin.writer): yes

Kirin Winters (kirin.writer): But not surprising

Zen (zen.arado): I practicxe Zen

Kirin Winters (kirin.writer): So much to do here

Zen (zen.arado): not much difference

Zen (zen.arado): I think Zen was an amalgamation of Buddhism and Taoism

Kirin Winters (kirin.writer): I haven't looked into Zen, much, so I can't say

Zen (zen.arado): think you would find lots smilar

Zen (zen.arado): we get lots of variation here

Kirin Winters (kirin.writer): Please excuse me, I need to get supper on

Zen (zen.arado): sure

Kirin Winters (kirin.writer): Nice meeting you

Zen (zen.arado): you too