



Violet (ataraxia.azemus): Hi Zen :)
 Arisia Vita: friends do not worry about typos
 Julie Bluebird (lolli.bluebird): Ok, so we've all moved around :))
 Bruce (bruce.mowbray): Hey, Zen!
 Zon Kwan: zen heya
 Zen (zen.arado): Hi all
 FcSeeker: Hello Zen
 Zen (zen.arado): how is everyone?
 Zon Kwan: a bit ashamed
 Violet (ataraxia.azemus): I'm in a shameful state :)
 Zen (zen.arado): shame
 FcSeeker: having peacefull mind
 Bruce (bruce.mowbray): (your genes?)
 Zon Kwan: fc are you allright ?
 FcSeeker: no, but I have peace in my mind
 Zon Kwan: lol
 Zen (zen.arado): if nothing can disturb that....
 FcSeeker: (and feel love in my chest)
 Zen (zen.arado): deep down is the peace
 FcSeeker: yes
 FcSeeker: so nothing can desturb it atm
 Zen (zen.arado): the surface events come and go
 Violet (ataraxia.azemus): So, I think we're all on the same page, but just for the record, we're discussing shame as an "edge" experience and as a way of knowing...
 Violet (ataraxia.azemus): Hi Cal :)
 Bruce (bruce.mowbray): Hey, Cal!
 Zen (zen.arado): Hi Cal :)
 FcSeeker: Hello Cal
 Bruce (bruce.mowbray): EXCELLENT essay, Cal!
 Julie Bluebird (lolli.bluebird): waves to Cal :)
 Violet (ataraxia.azemus): I liked it, too :)
 Calvino Rabeni: :)))))))))
 Zen (zen.arado): quickly looks it up
 Violet (ataraxia.azemus): <http://wiki.playasbeing.org/Guardian... Knowing/Shame>
 Bruce (bruce.mowbray): thanks, Atari.
 Violet (ataraxia.azemus): :)
 Bruce (bruce.mowbray): /me waits for Cal to enter and join us.
 Bruce (bruce.mowbray): /me waves to Cal.
 Zon Kwan: cal
 Zen (zen.arado): yeh good report
 Violet (ataraxia.azemus): I liked the association of shame with empathy...that reminded me of an idea I'd heard of a number of years ago...
 Zen (zen.arado): listens
 Violet (ataraxia.azemus): Of our identification "expanding" or "contracting"to think of it in physical terms makes sense to me

Violet (ataraxia.azemus): When I'm ashamed, I want to burrow into myself; when I empathize, I'm becoming bigger than I was

Zen (zen.arado): yeh

Zen (zen.arado): want to get away from the group or person or idea that caused us to feel shame

Zen (zen.arado): so shame is caused by others?

Bruce (bruce.mowbray): /me ponders" physical terms" and thinks about how folks consider their body to be "inadequate" -- and are ashamed about their "inadequacy."

Zen (zen.arado): from us breaking the group norm they have set up for us?

Zon Kwan: connection..yes ..is relevant here

Zon Kwan: shame comes from a feeling of separateness

Bruce (bruce.mowbray): , I was so skinny that I couldn't bear to be seen on the basketball court. I didn't go out even for intramural basketball, because I knew that the girls would burst into laughter as soon as I ran out there in my jersey.

Zen (zen.arado): so much shame seems to be not acting or fitting a 'norm'?

Zon Kwan: shame is caused by one feeling being separate

Zen (zen.arado): yeh but the feeling of separateness comes after the shame?

Zon Kwan: same time

Violet (ataraxia.azemus): Hi Ags and Aphrodite :)

Aggers (agatha.macbeth): Boo!

Aggers (agatha.macbeth): :PP

Julie Bluebird (lolli.bluebird): EEK!

Aphrodite Macbain: Boo!

Zen (zen.arado): Hi Aggers and Aph

Aggers (agatha.macbeth): Evening all

Zon Kwan: hi agatha

Aggers (agatha.macbeth): Not sure if you would be here

Bruce (bruce.mowbray): Hey, aggers!

Aphrodite Macbain: hello everyone

Zen (zen.arado): or shame is not matching up to a standard we have set up for ourselves?

Aphrodite Macbain: Bruce is an airplane

Aggers (agatha.macbeth): Or Jesus :p

Bruce (bruce.mowbray): Yes, you finally figures out that I am an airplane.

Aggers (agatha.macbeth): TWI?

Violet (ataraxia.azemus): I think shame as a reaction to social norms makes sense...

Bruce (bruce.mowbray): When you were born, you brought a vibrant, extravagant, excitable, noisy, many-sided nature with you from eons of vegetable life, reptile life, mammal life, lion life, hunter life, aboriginal life -- all of it lived before your human birth.

Violet (ataraxia.azemus): How shameful :)

Bruce (bruce.mowbray): You brought it all and gave it to your parents as a gift, and they didn't want it. Instead, they wanted a NICE boy.

Bruce (bruce.mowbray): They said, "Can't you be quiet? Why won't you be a nice boy like the others?"

Bruce (bruce.mowbray): "?" We figured out what kind of child they wanted, and we created a false self to please them. So your survival instinct did the right thing. It made up a false self and you survived.

Zen (zen.arado): yes

Calvino Rabeni: Nice, Bruce - yes, before and within human life

Aphrodite Macbain: Do you think shame is culturally determined and not natural?

Zen (zen.arado): parents often try to make children ashamed don't they? 'shame on you' 'you should be ashamed of yourself'

Aphrodite Macbain: It's a means of controlling them

Violet (ataraxia.azemus): wb Zon :)

Zon Kwan: basically natural, but culturally colored in expressions

Bruce (bruce.mowbray): Cal's essay suggests that "shame" might be adaptive to survival.

Violet (ataraxia.azemus): Shame is often about control or conformity, yes...

Calvino Rabeni: I think we all feel victimized by that process .. but also do a lot to create it and play both "sides"

Bruce (bruce.mowbray): which serves the "Group's" survival and therefore yours, also.

Zen (zen.arado): shame in a nutshell Violet :)

Aphrodite Macbain: I wonder how we survive better with shame?

Zon Kwan: control

Zon Kwan: is needed

Calvino Rabeni: yes

Zen (zen.arado): or could we do without it?#

Aphrodite Macbain: We become more socialized and adaptable to our society

Calvino Rabeni: regulation, finding a happy medium

Zon Kwan: not yet

Violet (ataraxia.azemus): Sometimes we can....

Zen (zen.arado): good to check that our shame is valid I think

Violet (ataraxia.azemus): Sometimes shame doesn't really serve a purpose except to hold us back...there's that edge to it

Zon Kwan: we can..but others,,,

Aphrodite Macbain: it goes along with embarrassment & self consciousness

Bruce (bruce.mowbray): . For example, a child can get caught shoplifting. I did - very shaming. --- That experience of shaming served both the society and me quite well.

Calvino Rabeni: I think nothing happens without it making sense to multiple reasons and purposes

Zen (zen.arado): we can still feel shame from outmoded moral values

Zon Kwan: yes...shame prevents persons to grow too

Violet (ataraxia.azemus): wb FcSeeker :)

FcSeeker: thank you

Aphrodite Macbain: I guess it is tied in with edges. When we go beyond the edge, we are punished by society and feel shame

Calvino Rabeni: Shame could be seen like a gardener pruning the tree of desire so that it grows in certain ways and not all over the place

Aggers (agatha.macbeth): Hello FC :)

FcSeeker: Hello Agatha

Aphrodite Macbain: Nice metaphor Cal

Bruce (bruce.mowbray): without shaming, could the society survive?

Aphrodite Macbain: Hi FC

Zon Kwan: not this society

Bruce (bruce.mowbray): wb, Fc.

FcSeeker: Hi Aphrodite

FcSeeker: ty Bruce

Zon Kwan: but a more evolved could

Zen (zen.arado): but it is ust one mechanism of societal control

Aphrodite Macbain: Hi FC GTSY

Violet (ataraxia.azemus): I like that image....but I have a fondness for messy trees, too :)

Julie Bluebird (lolli.bluebird): ha ha ha

Bruce (bruce.mowbray): Look at how the Congress is trying to shame the other side -- supposing that by doing so their own party will survive.

FcSeeker: GTSY too Aphrodite

Aphrodite Macbain: Zen, that implies that shame is created by society and is not biologically dtermined

Bruce (bruce.mowbray): ridiculous -- when everyone goes down the tubes.

Zon Kwan: shame has levels

Zen (zen.arado): newspapers dig up dirt about ppl to make them feel shame?

Aphrodite Macbain: HUh?

Aphrodite Macbain: Brice?

Bruce (bruce.mowbray): it's an American thing -- not to worry.

Zen (zen.arado): or to make the ppl who didn't do what they did feel better about themselves

Bruce (bruce.mowbray): INHERITED SHAME is inherited shame from the far past. Shame of that sort is connected with certain secrets that your grandparents kept. For example, an uncle embezzled money; an aunt had a mental breakdown and was in an institution for a while; a child was retarded.

Aphrodite Macbain: Yes.

Zen (zen.arado): true Aph

Aphrodite Macbain: Shame can be felt even if their is no "fault" attached to it. Like having slaves in one's ancestry

Zen (zen.arado): wonder how much of it is genetic

Bruce (bruce.mowbray): /me listens for "levels" to shame.

Zen (zen.arado): maybe only the faculty of being able to experience it

Violet (ataraxia.azemus): Sometimes we feel shame over things we perceive to be taboo, when no one else around us feels that way...

Zon Kwan: shame has it roots in being a separate ego..a metaphysical level

FcSeeker: is there something wrong with one who dont feel him/herself to be ashame of such things ?

Bruce (bruce.mowbray): shame as an I-process, Zon?

Zon Kwan: yes

Zen (zen.arado): ha could be Zon...no ego no shame?

Aphrodite Macbain: Zon, can you say more?

Bruce (bruce.mowbray): excellent point, Zen.... no ego no shame.

Zen (zen.arado): (no woman no cry)

Violet (ataraxia.azemus): :)

Zon Kwan: yup zen

Calvino Rabeni: levels to shame .. hmmm, for instance if there's just a slight breakdown in rapport with a social connection, one starts to feel just a little inappropriate, and seeks to adjust things, or if that doesn't work, feels out of place, that's a shame-like level that's in the moment and not too intense

Aphrodite Macbain: Public shaming must be the worst.

Aphrodite Macbain: /me thinks of many politicians

Violet (ataraxia.azemus): There is also shame for things we've done (or haven't done) and for things we

are...

Zen (zen.arado): what should we do about shame?

Zon Kwan: shame means i compare myself against a bigger whole

Zon Kwan: and feel lacking

Aphrodite Macbain: Good question Zen

Calvino Rabeni: One really shadowed shame is ... what are we collectively, doing to the planet

Zen (zen.arado): check its validity first I think

Aphrodite Macbain: hmmm and whether we feel shame or anger

Calvino Rabeni: so, from in-the-moment with another person, to the big picture of the human species in the planet .. a lot of levels to it

Aphrodite Macbain: Yes Zen but how?

Violet (ataraxia.azemus): Yes...it's good to ask *why* we feel ashamed

Bruce (bruce.mowbray): /me thinks of the Scarlet Letter.

Zon Kwan: watch it

Violet (ataraxia.azemus): Good point, Cal :)

Zen (zen.arado): it is often conditioned

Zon Kwan: as long as i am identified with my ego there will be shame

Aphrodite Macbain: bt=y what Zen?

Zon Kwan: nothing to do about it

Zen (zen.arado): oh from parents, friends, what we read

Aphrodite Macbain: Perhaps talking about it? Apologizing? Acting upon it?

Aphrodite Macbain: Would that make the shame disappear?

Zen (zen.arado): but sometimes we should be ashamed Zon?

Aphrodite Macbain: only if we can take some sort of action

Zon Kwan: no

Zen (zen.arado): yeh deciding on more appropriate behaviour if the same type of situation arises again?

Aphrodite Macbain: otherwise it would sit and fester!

Zon Kwan: we should correct our behaviour

Zon Kwan: but not feel ashamed

Violet (ataraxia.azemus): Sometimes shame can point us toward a better path; sometimes it keeps us stuck in a rut

Aphrodite Macbain: yes, if it is appropriate

Zen (zen.arado): but the shame is a motivator too?

Aphrodite Macbain: yes. but to what?

Calvino Rabeni: guilt seems more situational and open to remedial actions ... shame seems to involve ongoing issues of who one *is* rather than what one *does*

Zen (zen.arado): yes Vi...that's why I think validity checking is good

Bruce (bruce.mowbray): Ego and shame: The idea is that if by 14, you've been shamed well enough by other people, you won't need an external person to shame you anymore. You'll do it yourself.

Aphrodite Macbain: yes Zen

Violet (ataraxia.azemus): Yes, Cal

Aphrodite Macbain: Where did that idea come from Bruce?

Zen (zen.arado): but we are ashamed of our actions sometimes Cal?

Calvino Rabeni: Yes Bruce, we internalize problematic things to sort of deal with them in advance rather than bumping into them unawaresly

Bruce (bruce.mowbray): It came from Robert Bly's SEVEN SOURCES OF SHAME.

Zen (zen.arado): something I said that I shouldn't have for instance...

Bruce (bruce.mowbray): (as have most of my other comments.)

Aggers (agatha.macbeth): Why seven I wonder?

Aphrodite Macbain: Thanks Bruce

Violet (ataraxia.azemus): Thanks, Bruce :)

Bruce (bruce.mowbray): 7 is the only number that is not ashamed of itself.

Calvino Rabeni: I think Zen we'd be ashamed of being the person who did the actions, there's a distinction there

Bruce (bruce.mowbray): It never got to be 14,

Aggers (agatha.macbeth): Why?

Aggers (agatha.macbeth): Ah

Violet (ataraxia.azemus): Because it 8 9?

Aggers (agatha.macbeth): :)

Violet (ataraxia.azemus): Ah :)

Aphrodite Macbain: Huh.

Aphrodite Macbain: /me scratches her head

Aggers (agatha.macbeth): /me thinks of a Shakespeare play

Aphrodite Macbain: /me thinks of many Shakespear plays

Aggers (agatha.macbeth): He only said it in one :p

Zen (zen.arado): so we resolve to be a better person in future?

Zon Kwan: we make errors..we correct...to feel shame is only a hindrance

Zen (zen.arado): don't see a great distinction though

Calvino Rabeni: that's interesting Zen

Bruce (bruce.mowbray): Is that the Edge, Zen?

Zen (zen.arado): but shame is a pointer

Violet (ataraxia.azemus): I mostly agree, Zon

Aphrodite Macbain: sometimes others make us feel shameful inappropriately

Bruce (bruce.mowbray): a wake-up call?

Zen (zen.arado): if we didn't feel shame we wouldn't feel any need to improve our behaviour

Violet (ataraxia.azemus): Yes, Zen

Aphrodite Macbain: we have to decide whether we should feel it or not

Calvino Rabeni: Being vs doing ... maybe it it's more about being .. meaning deeper and more fundamental, it feels like shame; whereas things that are external, about doing, we can feel distanced from

Calvino Rabeni: and say its about the action,not the person

Zen (zen.arado): I'm epeating myself I'm ashamed to say :)

Aggers (agatha.macbeth): Wonder why Mila has hung her washing out at the pavilion?

Zen (zen.arado): (ashamed of my bad typing too)

Aphrodite Macbain: Aggie??

Bruce (bruce.mowbray): Re this ego thing -- If we do not get a response from the "outer" world, we might feel inadequate -- "I've I'd been adequate, they would have responded to me."

Aggers (agatha.macbeth): Hiya Mil

Mila (milakel): aga girl :)

Aggers (agatha.macbeth): Happy washday

Violet (ataraxia.azemus): I think shame is related to being....even our actions can make us ashamed of who

we are ("I'm a bad person because ___")

Zen (zen.arado): I can feel ashamed about my body

FcSeeker: (thinks that one can want to improve ones behavior still even dont feel ashamed)

Mila (milakel): hi :)

Violet (ataraxia.azemus): Hi Mila :)

Bruce (bruce.mowbray): Hey, Mila!

Aphrodite Macbain: Hey Mila

Zen (zen.arado): Hi Mila :)

Zon Kwan: see ya

Aggers (agatha.macbeth): Bye Zon

Aphrodite Macbain: yes Zen . That's why shame can be a very destructive emotion

Violet (ataraxia.azemus): Take care, Zon :)

Bruce (bruce.mowbray): The "silent treatment" (no response) is one way of shaming... powerfully.

Zen (zen.arado): bye Zon

FcSeeker: namaste Zon

Bruce (bruce.mowbray): Bye, Zon.

Calvino Rabeni: Shunning is powerful yes Bruce

Aphrodite Macbain: That's my favourite Bruce!

Violet (ataraxia.azemus): And yes, Bruce, about response and self worth....

Zen (zen.arado): ostracizing

Calvino Rabeni: being devalued, marginalized

Aphrodite Macbain: Shunning is as old as society. Depriving contact with others

Calvino Rabeni: having ones gifts ignored or not valued

Aphrodite Macbain: can be very destructive.

Calvino Rabeni: Shunning is probably as old as mammals

Aphrodite Macbain: Yes- do other non human societies shun?

FcSeeker: yes

Zen (zen.arado): ugly duckling?

Calvino Rabeni: I think so ..those with pack type organizations, dogs, horses, etc.

Zen (zen.arado): that's just a story though :)

Aggers (agatha.macbeth): One of my favourites Zen

Zen (zen.arado): Danny Kaye

Zen (zen.arado): :)

Aggers (agatha.macbeth): I remember him well

FcSeeker: me too :)

Aggers (agatha.macbeth): /me smiles

Zen (zen.arado): 'I am a swan...ah gwan.

Aphrodite Macbain: /me sings "there once was an ugly duckling, with feathers all stubby and brown"

Mila (milakel): how about "being late for a meeting" kind of shame?

Aggers (agatha.macbeth): :)))

Bruce (bruce.mowbray): /me loves Danny Kaye.

Aphrodite Macbain: me to

Aggers (agatha.macbeth): How about 'falling asleep at the pavilion'?

FcSeeker: me too

Aphrodite Macbain: he he Zen

Zen (zen.arado): hope you are ashamed of yourselves

FcSeeker: very much

Bruce (bruce.mowbray): ;-)

Mila (milakel): aga :)

Aphrodite Macbain: Thanks for the flowers Mila

Violet (ataraxia.azemus): :)

Mila (milakel): :)

Mila (milakel): forgot about them :)

Bruce (bruce.mowbray): /me is still wondering about the "Edge."

Mila (milakel): they were a small addition to eliza's picnic setting at the pagoda

Bruce (bruce.mowbray): and shame.

Aphrodite Macbain: /me thinks me too.

Aggers (agatha.macbeth): Why is the washing haning up tho?

Aggers (agatha.macbeth): *hanging

Bruce (bruce.mowbray): shame is rampant with possibilities. . .

Aphrodite Macbain: were ar surrounded by edgest to bump into or fall off. some of them lead to feelings of shame

Bruce (bruce.mowbray): excellent, Aph!

Aphrodite Macbain: probably to dray

Mila (milakel): aph, examples, please :)

Aphrodite Macbain: dry

Aggers (agatha.macbeth): Of course...silly me

Aphrodite Macbain: some of them lead to deluight and discovery

Aphrodite Macbain: delight

Julie Bluebird (lolli.bluebird): There is an old film called "The Edge" with Anthony Hopkins and a big bear in it. Odly enough in that he tells the survivors of his plane crash that the biggest reason why stranded people die is because they feel shame. Just thought I'd chuck that in as trivia :))

Bruce (bruce.mowbray): I'll check that movie out, Cal.

Bruce (bruce.mowbray): I mean, Lolli.

Violet (ataraxia.azemus): That's an interesting thought

Julie Bluebird (lolli.bluebird): :)

Aphrodite Macbain: Hmm. I saw that. I still can't figure out what he meant

Bruce (bruce.mowbray): :)))

Zen (zen.arado): do they eat each other Lolli?

Mila (milakel): julie, interesting. probably it leads to despair.

Julie Bluebird (lolli.bluebird): They couldn't get over believing that it was there fault they were in that situation perhaps?

Xstreet SL Central Authority: Kodo Islay has given you a gift of "Jacuzzi Marbella (pg) hot tub " from XstreetSL.com! Message from buyer: Zenji - a gift for your garden from Sun and me - enjoy :)

Julie Bluebird (lolli.bluebird): Could be....

Aphrodite Macbain: We can be frozen when our emotions take over

Calvino Rabeni: Sometimes called survivor's guilt

Julie Bluebird (lolli.bluebird): No Zen - they didn't eat each other !! LOL!!!

Aphrodite Macbain: only if they survive Cal;

Aggers (agatha.macbeth): They were vegans

Aphrodite Macbain: /me giggles

Aphrodite Macbain: so, shame...

Calvino Rabeni: yeah they survived the plane crash ... knew perhaps life wasn't fair to spare them and take the others

Aphrodite Macbain: I wonder whether there are societies that dont have shame

Bruce (bruce.mowbray): I felt that I was somehow responsible for the assassinations of both JFK and his brother Robert -- because I was in those cities at the time -- and I saw JFK at the airport in Dallas when he arrived..

Bruce (bruce.mowbray): cities*

Mila (milakel): shame is good in retrospect as experience to learn from, but not helpful in resolving the issue.

Julie Bluebird (lolli.bluebird): Really Bruce?

Bruce (bruce.mowbray): It took me years to work myself out of that.

Violet (ataraxia.azemus): I agree, Mila

Aphrodite Macbain: usually you feel it after the fact, not before

Calvino Rabeni: Not sure, I'd be surprised to learn of a shame-free society

Bruce (bruce.mowbray): guilt through physical presence. - - - maybe like the plane crash survivors.

Aphrodite Macbain: Were we shame free when we were hippies?

Zen (zen.arado): group shame

Zen (zen.arado): tried to be Aph :)

Bruce (bruce.mowbray): /me was the only resident of Berkeley in the 60's who was not a hippie.

Calvino Rabeni: No, Aphro, we were probably ashamed of having profits and good clothes or whatever

Aphrodite Macbain: love is not having to say you're sorry...

Mila (milakel): bruce, interesting. i think it's your sense of connectedness probably.

Violet (ataraxia.azemus): Oh, you're famous, Bruce :)

Zen (zen.arado): yeh ashamed of being conformist

Aphrodite Macbain: yay Bruce

Julie Bluebird (lolli.bluebird): Perhaps Bruce was the face at the window ;-)

Bruce (bruce.mowbray): ;-)

Violet (ataraxia.azemus): I've always liked that thought, Aphrodite

Calvino Rabeni: The hippies were an experiment with shifting the value systems that defined what shame would be ABOUT

Calvino Rabeni: but it was so easy to be "uncool" :)

Bruce (bruce.mowbray): /me is also the only American male who has never played a computerized game -- but is not ashamed of it.

Mila (milakel): oh no, bruce! :)

Calvino Rabeni: Hey Bruce, I never did either :)

Aphrodite Macbain: I know a few others...

Bruce (bruce.mowbray): yeppers!

Bruce (bruce.mowbray): YAYYYY for Cal and Bruce!

Zen (zen.arado): I was never keen on them either

Calvino Rabeni: hehe

Zen (zen.arado): confession time

Aphrodite Macbain: They play in SL instead

Bruce (bruce.mowbray): and Zen, too!

Mila (milakel): wait, bruce... sl *is* a computerized game! :)

Aphrodite Macbain: exactly

Zen (zen.arado): no it isn't Mila

Bruce (bruce.mowbray): not for moi, it isn't.

Mila (milakel): *giggles*

Aggers (agatha.macbeth): It isn't a game

Zen (zen.arado): no shoot ups

Zen (zen.arado): just shoot downs

Aphrodite Macbain: It's a form of game. "Playing" as being

Zen (zen.arado): :)

Bruce (bruce.mowbray): /me wonders who's keeping score.

Zen (zen.arado): ah you got us there Aph

Aphrodite Macbain: dressing up, flying. poofing

Aphrodite Macbain: fun stuff

Mila (milakel): well, at least once someone had to play tetris! :)

Violet (ataraxia.azemus): Fighting off the tireless lag monsters...

Bruce (bruce.mowbray): then all of life (RL or SL) is also a game.

Aphrodite Macbain: and then, all that talking!

Aphrodite Macbain: yes, some call it a dance bruce

Bruce (bruce.mowbray): Time for me to scratch up some chow...

Violet (ataraxia.azemus): Take care, Bruce :)

Zen (zen.arado): what about a topic for next week?

Bruce (bruce.mowbray): THANKS EVERYONE!

Aphrodite Macbain: Bon voyage Bruce

Zen (zen.arado): bye Bruce

Aggers (agatha.macbeth): Take care Brucie

Mila (milakel): let's jump from shame to pride :)

Violet (ataraxia.azemus): Play, perhaps?

Violet (ataraxia.azemus): Or pride... :)

Zen (zen.arado): pride and prejudice?

Mila (milakel): hehe

Mila (milakel): please, no :)

Violet (ataraxia.azemus): :)

Calvino Rabeni: Pride seems the label for another side of the connection phenomenon

Mila (milakel): how so, cal?

Calvino Rabeni: Same territory, different angle on it

Zen (zen.arado): ok shall we do pride then?

Violet (ataraxia.azemus): Pride as another facet of shame, and not as its opposite?

Aphrodite Macbain: flip side

Calvino Rabeni: sure, if it is an opposite, it is another end of the same thing

Julie Bluebird (lolli.bluebird): un-pride?

Calvino Rabeni: same coin

Aphrodite Macbain: "The flip side of Sham" good name for a novel

Aphrodite Macbain: Shame!

Arisia Vita: rl calls, and I must answer, be well and happy till we meet again

FcSeeker: takes a humble bow

Zen (zen.arado): bye Ari

Violet (ataraxia.azemus): Be well, Ari :)

FcSeeker: namaste

Julie Bluebird (lolli.bluebird): Bye Arisia :)

Aphrodite Macbain: Bye

Aphrodite Macbain: Bye! Arisia

Aggers (agatha.macbeth): Bye Ari & FC

Calvino Rabeni: Bye FC, Ari

Zen (zen.arado): bye Fc

Violet (ataraxia.azemus): Take care Fc :)

Aphrodite Macbain: Bye

Julie Bluebird (lolli.bluebird): I have to go to. Thanks everyone and be well :))

Aphrodite Macbain: I ahve to go too. Bye! everyone

Aggers (agatha.macbeth): Looks like that's it then

Mila (milakel): aga girl :)

Aggers (agatha.macbeth): /me waveth and poofeth

Violet (ataraxia.azemus): Take care, everyone :)

Mila (milakel): oh well, poof it is then

Mila (milakel): bye folks

Zen (zen.arado): ok bye all then