

Please see my page at PlayAsBeing: [http://wiki.playasbeing.org/Guardian\\_Pages/Guardians%27\\_Contributions/Calvino/Ways\\_of\\_Knowing/Mindfulness/Mindfulness - Reflections](http://wiki.playasbeing.org/Guardian_Pages/Guardians%27_Contributions/Calvino/Ways_of_Knowing/Mindfulness/Mindfulness_-_Reflections)