

## Beauty

Eliza and I had a short chat about beauty which led to 'appreciation' here:

[http://wiki.playasbeing.org/Chat\\_Log...-Appreciation](http://wiki.playasbeing.org/Chat_Log...-Appreciation)

There is a lot of beauty all around ... even in what often seems to be mundane or small things. The fact that beauty is found in those things itself is also something that can be appreciated. One can appreciate vividness of life more with practice.