



Several of these ideas come from other participants -- wanted to record them somewhere.

- Lojong - jealousy, others?
- Childhood memories -- choosing a story, and reflecting on how it shapes your current practice / investigations -- for example, [Pema's picture frame story](#)
- "Cultivating the Empty Field" by Hongzhi (source material?)
- Confucian text as source material
- Jane Austen as source material
- Wallace Stevens (or other poems) as source material
- Taking a walk or field trip in Second Life
- Guest speakers
- Motivation
- Time
- 'science being young'
- Brilliant Moon (Dilgo Kyentse autobiography)
- Nisargadatta -- Selections from I Am That or the random quote generator:
<http://www.mpeters.de/nisargadatta/index.cfm>