Dao Yheng: Hi Eliza:)

Eliza Madrigal: Hi Dao :) Hi Gaya :)
Gaya Ethaniel: Hello Dao and Eliza :)

Dao Yheng: Hi Gaya!

Eliza Madrigal: Just a reminder that I will have to pop out about twenty minutes in, to attend an Open

House

Gaya Ethaniel: ok:)

Eliza Madrigal: Sorry to leave the log hanging again

Dao Yheng: Back to school:)

Eliza Madrigal: yes:)

Yakuzza Lethecus is Offline

Gaya Ethaniel: np:)

Gaya Ethaniel: Hello Heloise:)

Dao Yheng: I could take care of it for a while if you like Eliza

Eliza Madrigal: I think aside from these events occasionally it should be fine

Eliza Madrigal: but thank you for offering:)

Dao Yheng: You've been posting for us for a while now

Dao Yheng: ok, np! Dao Yheng: Hi H! Eliza Madrigal: :)

Eliza Madrigal: Hi Heloise :) Heloise Toussaint: Hello

Eliza Madrigal: brb... have to read rest of reports...

Gaya Ethaniel: hm ... did I forget sending out notices yesterday?

Gaya Ethaniel checks her alarms ...

Mitsu Ishii is Online

Dao Yheng: Gaya, I liked your report again this week -- short and sweet and to the point

Gaya Ethaniel: Thanks:) Just reading yours now:)

Yakuzza Lethecus is Online

Gaya Ethaniel: My understanding is very limited still ... I wanted to write them out first before reading Red

Pine's commentaries.

Gaya Ethaniel: Hello Mitsu:)

Mitsu Ishii: hello all Heloise Toussaint: Hiya Eliza Madrigal: Hi Mitsu :) Gaya Ethaniel: Hello Yaku :) Yakuzza Lethecus: hey everyone

Eliza Madrigal: Lovely report Gaya, and Dao, I find yours really beautiful... thought provoking as well. Oh

Mama!:)

Gaya Ethaniel: mama mia!

Gaya Ethaniel::)

Gaya Ethaniel: Thanks:) Eliza Madrigal: Hi Ya

Dao Yheng: (sorry, work thingy -- brb)

Gaya Ethaniel: Steven mentions that faith [shraddha] leads to wisdom in one of his ethics classes in RL.

Gaya Ethaniel: ok

Eliza Madrigal: say more?

Eliza Madrigal::)

Gaya Ethaniel: mm ... let me check ...

Gaya Ethaniel: "This faith in the Buddhist case goes on immediately to connecting you to a kind of vigorous, deeper investigation, more, more exploration, more probing. So we call that vigour, very. And that vigorous further investigation helps you be more mindful, more aware. And that mindfulness leads to more concentration of focus, and that concentration of focus leads to eventually what they would call wisdom."

Mitsu Ishii: yes, it's faith not in ideas but faith that it is worth investigating

Eliza Madrigal: mmm, and vigour is a better word than 'energy' to describe the expression of pure motivations...

Mitsu Ishii: or faither that there is something profound to investigate

Gaya Ethaniel: So more investigations, excavations ... to uncover the living beings where wisdom is accessible.

Eliza Madrigal::)

Eliza Madrigal: excavating from the heart?

Gaya Ethaniel: Probably I'm just skimming at this stage though:)

Mitsu Ishii: the heart sutra always struck me as funny in a way because

 $Mitsu\ Ishii: Buddhism\ is\ one\ of\ the\ only\ religions\ with\ a\ central\ text\ which\ kind\ of\ negates\ the\ path\ itself$

Eliza Madrigal: :)

Gaya Ethaniel: Yes, just relax and enjoy life:)

Gaya Ethaniel: Of course, it's not that simple: P

Eliza Madrigal: What I was struck by in Dao's report, which I'll say here in case it might be picked up on

later cause I have to go already, is the connection of heart sutra to Knowing

Eliza Madrigal: I'd love to hear more about/of that:)

Eliza Madrigal: :::pulling myself away:::::

Gaya Ethaniel: Bye Eliza :) Eliza Madrigal: Bye for now :) Yakuzza Lethecus: bye eliza

Eliza Madrigal: Thanks:))
Eliza Madrigal is Offline

Mitsu Ishii: bye

Gaya Ethaniel: I guess there are different ways of knowing presented in the text, through the different aspects of reality ie duality and then through wisdom, which is beyond the form/emptiness.

Mitsu Ishii: Dao do you want to talk more about the relationship to knowing?

Mitsu Ishii: you mentioned in your report

Dao Yheng: Hm, it's a bit hard to say...

Gaya Ethaniel::)

Dao Yheng: I guess it's the sense that at some point, normal categories break down -- emptiness isn't different from great knowing isn't different from compassion etc

Dao Yheng: but I guess my own sense of emptiness is that it's a bit of an inbetween step

Dao Yheng: that in some sense, it's not quite exactly co-equal even if it is also exactly what it is...

Dao Yheng: well, I don't know

Dao Yheng: it might not be a distinction that needs to be made

Mitsu Ishii: I think the two different directions are quite crucial

Mitsu Ishii: form -> emptiness, emptiness -> form

Mitsu Ishii: for me, I sort of "got" the first one before the second, the second was a huge leap

Mitsu Ishii: that is to say, it's fairly easy to get a sense that things aren't really the solid things we think

they are

Mitsu Ishii: that they're empty somehow

Mitsu Ishii: but what's really beautiful (to me) is that that same empty ground is the basis for all the beauty

of life and phenomena

Dao Yheng: yes, that's a helpful way of coming at it, Mitsu

Dao Yheng: thanks for mentioning it

Gaya Ethaniel: Yes this reminds me of Stim's comments on limit.

Gaya Ethaniel: Without limit [form], no potential ...

Gaya Ethaniel: I can't be sure of his exact words though ... $^{\Lambda\Lambda};;;$

Mitsu Ishii: yes, that's a good point

Mitsu Ishii: limits create value in a way

Mitsu Ishii: meaning

Mitsu Ishii: if we lived forever as individuals, it would destroy life

Gaya Ethaniel: Yes

Gaya Ethaniel: Like having a human life that is fragile and impermanent

Mitsu Ishii: (it's interesting that vampires are seen as immortal but also dead)

Gaya Ethaniel: Yes

Dao Yheng: sort of the impermanence angle

Gaya Ethaniel: heh:) feel like we are saying same things at the same time.

Mitsu Ishii: I'm curious Yakuzza or Heloise, do you have any thoughts about the Heart Sutra? or anything

else that comes to mind?

Mitsu Ishii: or not:)

Gaya Ethaniel::)

Mitsu Ishii: Maybe we could talk about the Diamond Sutra vs the Heart Sutra, from your comments, Dao

Mitsu Ishii: why was the Diamond Sutra more compelling to you at first

Gava Ethaniel listens.

Dao Yheng: (sorry, back again)

Gaya Ethaniel: np:)

Dao Yheng: it's hard to say about the diamond sutra -- I first read it only a few years ago

Dao Yheng: whereas I had at least heard the heart sutra almost from the beginning of my investigations

Dao Yheng: so it could have been a matter of timing

Mitsu Ishii: but I do think the diamond sutra and heart sutra have different content

Dao Yheng: somehow, the diamond sutra felt like a bucket of water getting dumped on my head

Mitsu Ishii: the heart sutra is saying really radical things that seem to make no sense on the surface

Mitsu Ishii: so what about the diamond sutra seemed to connect more

Mitsu Ishii: for you

Dao Yheng: the little thing about belief in a self, a person, a life span, etc --

Dao Yheng: it's repeated several times throughout, sort of parallel to gate gate

Dao Yheng: a refrain you could say

Mitsu Ishii: you mean in the heart sutra?

Dao Yheng: that particular refrain struck me

Mitsu Ishii: or in the diamond sutra Dao Yheng: in the diamond sutra

Mitsu Ishii: can you say more about that?

Dao Yheng: Maybe because it was pointing at something I could very easily recognize in myself -- belief in

a self, a person, a living being, a life span

Mitsu Ishii: ah I see

Dao Yheng: whereas form is emptiness, emptiness is form

Dao Yheng: it took me many years to expand out what I could understand emptiness to be

Dao Yheng: (or not to be as the case may be:)

Mitsu Ishii: yes, I think in some ways the Heart Sutra is more abstract

Mitsu Ishii: it's always shocking to me because for me it brings tears to my eyes

Gaya Ethaniel::)

Mitsu Ishii: but to have it in a religious text really affects me

Mitsu Ishii: I think for me what is so moving about it

Mitsu Ishii: is that it is saying "there is no path", it denies itself, it denies in some ways Buddhism itself

Mitsu Ishii: but then it says PRAJNA PARAMITA

Mitsu Ishii: and this moves me because people always want to react to fear and uncertainty by grabbing onto something certain

Mitsu Ishii: and yet this is saying the opposite: that true, unshakable confidence can flow from a source which denies all ordinary notions of certainty

Dao Yheng: we're attracted to the same point, then -- though for me, it's noticing belief in my own ideas that really surprises me:)

Mitsu Ishii: to me that is such a beautiful thing that I can't help but have tears

Gaya Ethaniel::)

Mitsu Ishii: I suppose the difference is that one sutra focuses on specific things that we can be mistaken about

Mitsu Ishii: like ideas about the self and so on

Gaya Ethaniel: When I first read it, what stood out for me was re: hidrance, well still does.

Mitsu Ishii: whereas the Heart Sutra says that even the path itself isn't a solid thing

Mitsu Ishii: even the Eightfold Path, even the Four Noble Truths, etc.

Mitsu Ishii: it says you can't hang your hat on anything at all, even the teachings

Mitsu Ishii: and yet THAT IN ITSELF is the source of abiding prajna paramita

Mitsu Ishii: and it can be vocalized as gate gate paragate parasamgate bodhi svaha

Gaya Ethaniel::)

Dao Yheng: but if you don't know what the teachings are to begin with... you see my initial dilemma?

Mitsu Ishii: and that brings everything back in. it's not a denial of anything at all, it includes everything

Mitsu Ishii: yes, right

Mitsu Ishii: that's true

Gaya Ethaniel: Well I think it may at least help with the mind that is heavily focused on concepts.

Gaya Ethaniel: Like a koan almost ...

Gaya Ethaniel: Step back from what words mean in narrow sense etc.

Gaya Ethaniel: I guess that's the radical part:)

Dao Yheng: Gaya, could you say more about "When I first read it, what stood out for me was re: hidrance,

well still does."?

Gaya Ethaniel: heh:)

Gaya Ethaniel: Well ordinary mind is very quick to judge ... things that appear to be obstacles can turn out not to be but that mind wants to make things solid.

Gaya Ethaniel: Fear and suffering comes from this tendency I think.

Gaya Ethaniel: The mind that sees someone as enemy etc. divisive thinking ... all of those stuff that ordinary mind does.

Dao Yheng: Hmm, yes -- any kind of characterization at all, in a sense

Gaya Ethaniel: It's useful, we need it but maybe not for everything:)

Gaya Ethaniel: Re: your question Dao ...

Gaya Ethaniel: Why is the mind consciousness considered the sixth a sense gate?

Gaya Ethaniel: This one ...

Gaya Ethaniel: That's the ordinary cognition part of the mind?

Dao Yheng: I assume so, yes

Gaya Ethaniel: ok

Gaya Ethaniel: Like a dream architect:)

Dao Yheng: how so?

Gaya Ethaniel: hm ...:) well the dreaming mind is an obvous example I think.

Mitsu Ishii: it's a traditional notion in Buddhism

Mitsu Ishii: Stim talked about it once

Mitsu Ishii: the mind is another sense in a way

Gaya Ethaniel: What's 'it'?

Gaya Ethaniel: ah ok

Gaya Ethaniel: It makes sense to me, yes.

Dao Yheng: Maybe you'll remind me of it Mits:)

Gaya Ethaniel: Also boundary between mind and other things aren't clear cut anyway.

Dao Yheng: boundary between mind and other senses isn't so clear to me either

Mitsu Ishii: well in a way the mind is feeding itself with sensations that sort of bounce off of earlier

thoughts and so on

Mitsu Ishii: so it takes into account the explicit way the mind generates feedback into itself

Dao Yheng: so, to me, the mind creates sense impressions and vice versa --

Gava Ethaniel: A few minutes left now ...

Mitsu Ishii: so shal we agree to talk about this one more week? I know Zen wanted to talk about it:)

Gaya Ethaniel: Yes ok :)
Dao Yheng: sounds good

Dao Yheng: I downloaded Red Pine's book on my kindle!

Gaya Ethaniel: Also we are going to resume the weekly homework meeting from this Sunday.

Gaya Ethaniel: It will be in voice and hope you can all attend.

Gaya Ethaniel: I think it's 9 am SLT?

Dao Yheng: Will you be able to attend then, Heloise?

Gaya Ethaniel: I will attach landmarkd for it in a group notice.

Heloise Toussaint: What time is that GMT?

Gaya Ethaniel: 5 pm

Gaya Ethaniel: 6 pm in Germany for Yaku ...

Heloise Toussaint: Just checking my calendar

Heloise Toussaint: I'm busy this sunday

Gaya Ethaniel: Actually I can't make it either ...

Gaya Ethaniel: But others can meet up:)

Dao Yheng: Is there another time that is better for everyone? or are these one time things?

Gaya Ethaniel: Well Heloise and I have an event to attend: P Dao Yheng: OK, so we'll see you week after next then:)

Gaya Ethaniel: But is the time usually ok for you Heloise?

Heloise Toussaint: Yes generally, although Sundays can be busy as tend to travel on weekends to see family

etc

Heloise Toussaint: so bit tricky for next month Gaya Ethaniel: Well make it when you can:)

Heloise Toussaint: OK cool

Dao Yheng: OK, thanks everyone! Dao Yheng: nice to see everyone!

Gaya Ethaniel: Thank you, see you soon:)

Heloise Toussaint: Thank you