

Presence

For me, being present means being aware of selves/agendas getting in the way of being with someone or doing something. I read the questions and suggestions a few times but still can't quite answer them in a concrete way. So it was helpful to listen to Calvino and others during the homework meeting. As I said then, I think it probably is difficult to bring various different contemplative aspects into one topic, 'presence'. On a side note, I appreciate an opportunity to read the dialogues between Pema and Stim again:

Pema: [...] what do you suggest we do with respect to what you call the ordinary mind: watch its operation, try to drop it, or ...?

Stim: you cannot drop what is not learned about and then seen fairly thoroughly, within an apt (spiritually-oriented) perspective ...